

Superior Health Foundation
ANNUAL REPORT
2022

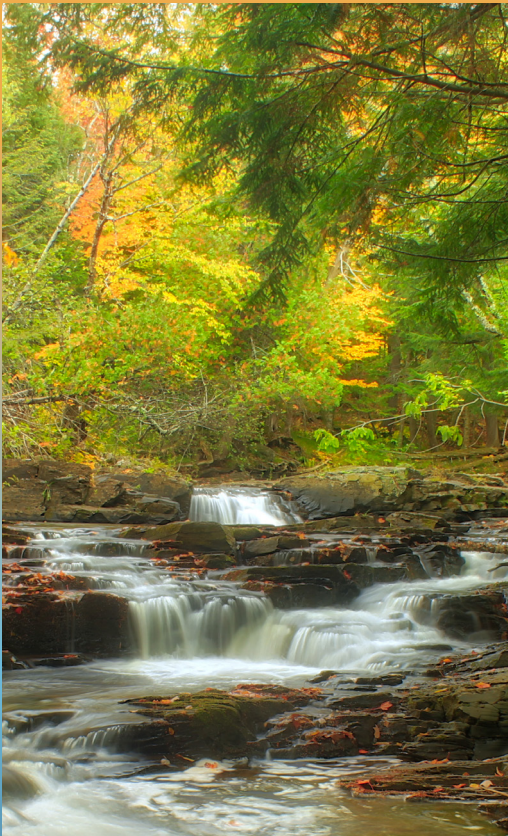


Photo Credit to Joan Haara, Director



REAL CHANGE
through
TRANSFORMATIVE PARTNERSHIPS

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LETTER FROM BOARD PRESIDENT AND EXECUTIVE DIRECTOR

2022 was a year of both reflection and hope as we celebrated our 10th anniversary as an organization. We strive to foster key partnerships to address critical issues affecting our communities. We understand the responsibility we face as we continue to provide impactful support to health-centered non-profits across the entire Upper Peninsula.

As the COVID-19 pandemic started to wane this past year, many of us were eager to get out and enjoy our communities with friends and family.

This renewed excitement of moving ahead was evident during our three annual fundraising events. We felt such inspiration from the enthusiasm and joy we witnessed as people came together to support their communities.

Throughout 2022, 47 grants were provided to 44 health-centered, non-profit organizations. We feel honored and humbled to provide critical funding that helps bridge the gap regarding access to community programs, projects and initiatives that focus on ensuring that all Upper Peninsula residents have opportunities to successfully address basic health needs.

All of us at the Superior Health Foundation feel privileged to work side by side with the generous businesses and individual donors who walk with us on our journey to provide all residents with opportunities to improve their health.

We look back on 2022 with gratitude, and we look forward to the future with optimism. Thank you for the difference you continue to make across the Upper Peninsula. We truly are Healthier Together.

Warmest regards,



Daniel Arnold, MD
Board President



Jim LaJoie, MPA
Executive Director



U.P. - WIDE BOARD OF DIRECTORS



Daniel Arnold, M.D.
President
Marquette



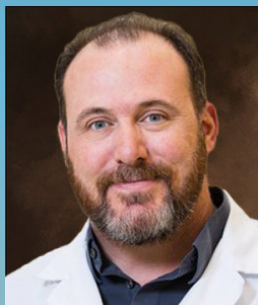
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Vice President
Manistique



Kara Katona, CPA
Secretary/Treasurer
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Meghan Lane
Director
Wakefield



J. Bryan Dixon, M.D.
Director
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Director
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OUR MISSION AND VISION

OUR MISSION

TO ASSIST WITH UNMET HEALTHCARE NEEDS, WITH HEALTH EDUCATION, AND WITH PROGRAMS AND RESEARCH ON PREVENTING ILLNESS AND PROMOTING HEALTH THROUGHOUT THE UPPER PENINSULA.

OUR VISION

TO IMPROVE THE HEALTH OF THE RESIDENTS OF THE UPPER PENINSULA.

OUR TEAM



Jim LaJoie
Executive Director



Leah Berthiaume
Executive Assistant



Laura Jarvi
Accountant and Grants
Administrator



Lynn Hill
Community
Engagement & Annual
Giving Coordinator



Rachel Sheppard
Event Specialist



Sydney Arendsen
Student Intern

IMPACT

PROACTIVE GRANT GIVING

The Superior Health Foundation recognizes that there are unmet healthcare needs across the Upper Peninsula that require special attention and additional funding to address issues at a larger scale. Our Proactive Grant Giving process exists to focus on these needs. In 2021-2022, SHF and its funding partners committed more than \$1.5 million in funding to address food insecurity to help ensure access to healthy food for all Upper Peninsula residents through a variety of innovative programs and projects.

Our funding partners included:

- BLUE CROSS BLUE SHIELD OF MICHIGAN FOUNDATION
- MICHIGAN HEALTH ENDOWMENT FUND
- COMMUNITY FOUNDATION OF MARQUETTE COUNTY
- WEST END HEALTH FOUNDATION

FOOD INSECURITY PROACTIVE GRANTS

Feeding America West Michigan's mission is to gather and distribute food, relieve hunger and increase food security in West Michigan and the U.P. Through its Mobile Food Pantry program, it has delivered nutritious food to communities facing food insecurity since 1998. "A Recipe for Success" will empower food-insecure families to become nutritionally self-sufficient by facilitating nutrition/education programming at food distributions. It will provide a library of recipes and online cooking demonstrations to pantries and their guests, and produce 21 live cooking demonstrations.

Partridge Creek Farm, headquartered in Ishpeming, works with the Lions of Michigan District 10-U.P. to assess food insecurity, related health issues and resources; identify "community champions" to create local food insecurity workgroups; and develop, disseminate and exchange information and resources in all 15 counties of the U.P. Grant funding supports creating an educational video-series, identifying community champions, conducting needs assessments, building farm-school programs, creating training programs and building an Intergenerational Farm Community Space.

UPCAP provides the development, coordination, and provision of human services in all 15 counties of the U.P. Its Food As Medicine (FAM) program's primary goal is to address and improve food security for residents who have or are at risk of developing chronic health conditions. FAM impacts residents with increased access to locally grown fresh produce and knowledge/skill enhancement through nutrition education.

The Upper Peninsula Veterans Community Action Team (UPVCAT) is a collaborative of more than 200 Veteran Service Providers and Volunteers from across the region and state of Michigan. This program will increase access to food by providing grocery store gift cards, health program info and referrals to increase food access.



IMPACT

GRANTS AT WORK



EQUIPMENT FUND GRANT

Project Jade was awarded a \$2,470 Equipment Fund grant for supplies for special education and speech programs. Project Jade is dedicated to helping special education and speech programs all over the Upper Peninsula with communication tools and equipment. The goal for this project was to provide needed equipment and tools to multiple schools in our area for special needs classrooms. This specifically related to sensory equipment and tools. Project Jade provided five different schools/programs with tools and equipment, including software and Phonology programs, classroom tools, actual sensory equipment, and tools for fidgeting and comfort.



EQUIPMENT FUND GRANT

Lake Superior Life Care & Hospice received an Equipment Fund grant for the purchase of fall prevention durable medical equipment. The organization was able to purchase friction reducing devices, bed alarms, tab alarms, monitors, gait belts, fall mats, head gear protectors, elbow protectors, slipper socks, foot protectors, and raised toilet seats with handles. This equipment had a significant impact on patients and families.



“Thank you to the Superior Health Foundation for supporting our patients and families with a Fall Prevention Equipment Grant. Falls are the leading cause of injury and death from injury in adults over age 65. Hospice patients are at high risk of falls due to being frail, on medications that can impact mobility and having a variety of health issues that increase the likelihood of a fall.”

Lake Superior Life Care & Hospice

GRANTS

YEAR ENDED DECEMBER 31, 2022

Pilot Project/Equipment Grants	
Organization	Amount
Camp UPeninsula	\$1,236.56
Carney-Nadeau Public School	2,500.00
Dickinson Iron Community Services Agency	2,399.00
Gogebic Medical Care Facility	2,500.00
Gogebic Medical Care Facility	2,500.00
Lake Superior Life Care and Hospice	2,485.00
Marquette County Health Department	2,500.00
Michigan Technological University	1,786.92
MSU-CHM	2,500.00
North Dickinson Community Improvement Project	2,500.00
Powell Township School	1,182.45
Project Jade	2,470.00
Youth Mental Health Project	687.50
Zion and Salem Lutheran Church	2,500.00
TOTAL	\$29,747.43

Spring and Fall Grants	
Organization	Amount
906 Adventure Team	\$2,767.50
Aspirus Health	8,215.83
Camp New Day U.P.	6,700.00
Chippewa County Family Project	22,800.00
Community Foundation of Marquette County	50,000.00
Courage Incorporated	19,743.00
Dial Help, Inc.	15,370.00
Eversight	7,312.40
Great Lakes Recovery Center	58,405.00
Healthy Youth Coalition of Marinette & Menominee Counties	15,600.00
HOPE Animal Assisted Crisis Response	10,000.00
Lake Superior State University	7,500.00
The Lakes Community Health Center, Inc.	6,948.33
Marquette Alger RESA	22,677.50
Marquette County Habitat for Humanity	17,000.00
Mercy Medical Angels	5,000.00
Michigan Breastfeeding Network	18,909.38
Munising Public Schools	4,588.00
OSF St. Francis	4,319.00
Superior Housing Solutions	5,000.00
TOTAL	\$308,855.94

Indigent Care Grants	
Organization	Amount
Cancer Care of Marquette County	\$10,000.00
Care Clinic	3,900.00
Functional Behavior Services	5,000.00
Great Lakes Recovery Centers, Inc.	10,000.00
Hospice of the Eastern U.P.	10,000.00
TOTAL	\$38,900.00

SUPERIOR HEALTH FOUNDATION GRANTS YEAR 2022

44
ORGANIZATIONS SUPPORTED



20
grants
\$308,856

47
GRANTS GIVEN



5
grants
\$38,900



8
grants
\$531,564

TOTAL \$909,067.17

Proactive Grants	
Organization	Amount
Alger County Commission on Aging	\$4,500.00
Feeding America West Michigan	35,997.94
Food Start U.P.	5,000.00
Nifty Thrifty	1,250.00
Partridge Creek Farm	106,427.50
Superior Shore Systems	1,000.00
UPCAP	322,388.36
Upper Peninsula Veterans Community Action Team	55,000.00
TOTAL	\$531,563.80

GRAND TOTAL	\$909,067.17
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EVENTS

ANNUAL GALA

The 11th Annual Superior Health Foundation Gala was held on Saturday, October 1, 2022.

Our partner at the 2022 Gala was the District 10 Lions Club to support its Childhood Cancer Program. We partner with at least one health centered non-profit each year to raise awareness and monies to help provide valuable resources for organizations to carry out projects or provide services they otherwise would not be able to. There are no pediatric cancer facilities in the Upper Peninsula, so patients often travel long distances to receive treatment. The Childhood Cancer Initiative provides money for travel, food, medical and other needed services to U.P. families with children battling cancer. The Lions also support Camp Quality Upper Peninsula, a camp for pediatric patients and their families at Bay Cliff Health Camp, and Kids Kicking Cancer, a non-profit that empowers children to manage pain and stress through martial arts and meditation. The need to support projects and programs like this really tugs at our heartstrings, and we know from our generous business and individual donors, that it tugs at your heartstrings as well! This program was awarded \$16,300.00 at the Gala. The event raised \$113,326.62 in funding to support health centered non-profit work across the Upper Peninsula.

We are deeply grateful for the incredible generosity that makes such a positive impact on the lives of our neighbors and friends.



EVENTS

PAINTING THE PENINSULA PINK

Painting the Peninsula **PINK** is a fundraiser held each year in October to raise money and awareness about the U.P.-wide Breast Health Fund. This funding is available for men and women who are residents of the Upper Peninsula of Michigan who may be struggling to pay out-of-pocket breast health expenses not otherwise covered by insurance/or for the uninsured.

The most incredible experience we have is when we partner with a school in the U.P. This year, our partner was the North Dickinson Nordics girls' volleyball team. The Nordics hosted the Crystal Falls-Forest Park Trojans. It is always uplifting to see young people share their excitement about community resources available to assist others! The students wear PINK and share their own stories about how family and friends have been affected by cancer. There is a community celebration of hope to lift each other up and feel the collective compassion for wanting to care for each other. Money is raised through raffles of beautiful gifts provided by businesses, families and individuals. The laughter and tears shared resonate across the community in the weeks and months after the event.

In 2022, \$19,584.20 was raised for the breast health fund, and a check in the amount of \$1,500.00 was presented to North Dickinson County School to help support its health-centered needs. We would like to encourage anyone needing more information about this fund to visit our website or give us a call!



EVENTS

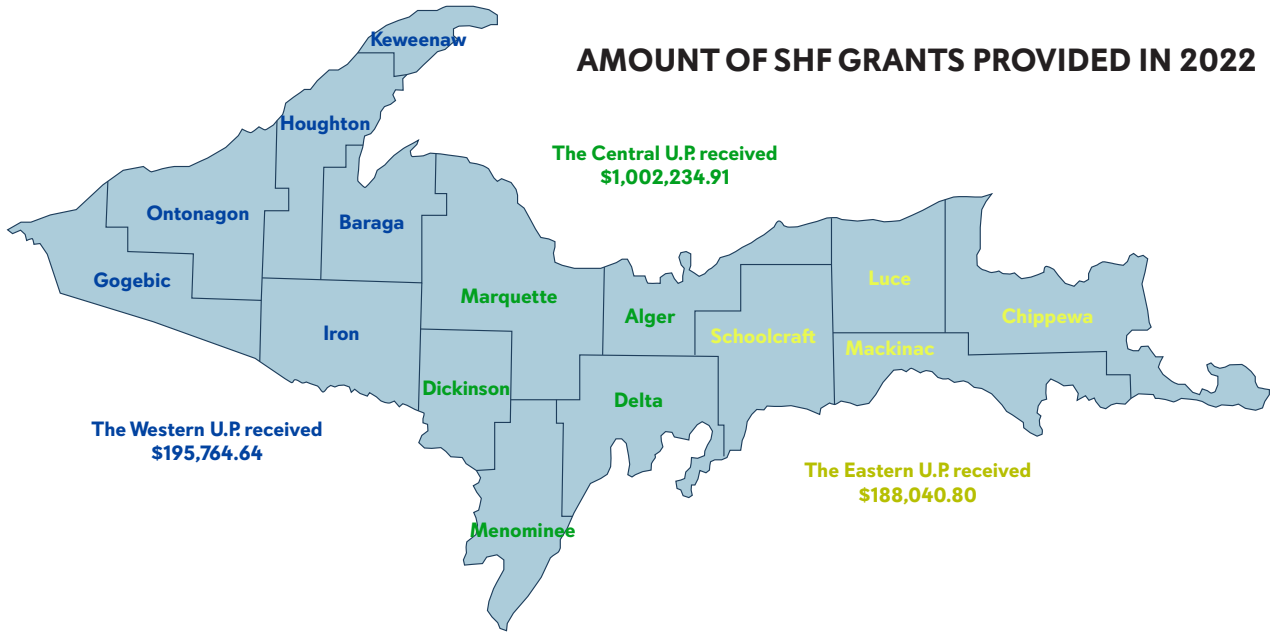
ANNUAL GOLF OUTING

The Superior Health Foundation hosted its annual golf outing on Friday, June 17th. Our partner for our 2022 golf outing was Project Jade. Project Jade is a grassroots, non-profit organization that addresses challenges for children who may struggle or are unable to express needs, thoughts or ideas verbally. Project Jade provides communication boards for school playgrounds, parks and libraries so that nonverbal students can communicate with their friends and teachers. It has been an honor to watch Project Jade continue to grow! Thank you to the sponsors, teams and donors who helped us raise \$23,668.69 at the 2022 golf outing to support non-profit work across the Upper Peninsula, with \$5,405.00 going directly to support Project Jade and its mission.

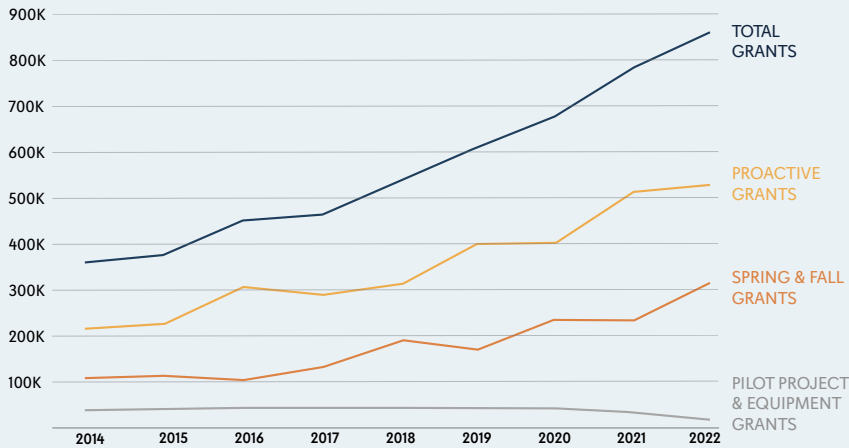


FINANCIALS

AMOUNT OF SHF GRANTS PROVIDED IN 2022



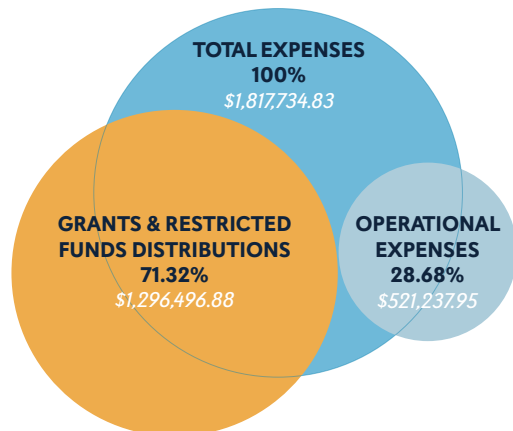
SHF GRANT GIVING



SHF 2022 EXPENSES

SHF operational expenses are primarily funded from SHF's operational fund.

That means when you give a charitable gift to SHF, **100% OF YOUR GIFT GOES TO THE PROGRAM OF YOUR CHOICE!**



DONOR LIST

A. Lindberg & Sons, Inc.	CapTrust Advisors	Dennis H Smith Consulting	Fraco, Inc.
Advanced Center for Orthopedics and Plastic Surgery	Kathleen Carlson	Cynthia DePetro	Fresh Coast Provisioning LLC
Ambassador Restaurant	Casa Calabria	Dial Help	Functional Behavior Services
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Connie Anderson	Chamberlin Ole Forest Inn	Dickinson Iron County CTC	Randy & Yvonne Gardner
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Michael Ansell - Edward Jones	Craig T. Coccia	Doulas of Marquette	Dan & Sara Giles
Argonics Inc	Margaret Comfort	Downwind Sports	Gladstone Lions Club
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Auto Armor	Community Foundation of Marquette County	Peg Ekdahl	Douglas Gordon
Chase Averill	Community Foundation of the Upper Peninsula	Elevated Financial	Kristine Goupille
Carl Bammert	Congress Pizza	Embers Credit Union	Trisha Grassman Peterson
Bellin Health Oconto Hospital & Clinics	Connor Sports Flooring	Boyce Keith English	Great Lakes Recovery Centers, Inc.
Leah Berthiaume	Contrast Coffee Company	Erickson Jewelers	Great North Carwash
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Blue Cross Blue Shield of Michigan Foundation	Culver's	Fairfield Inn & Suites	Paul & Joan Haara
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DONOR LIST

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Mia Hill	Mary Ann Kiesling	Marquette Alger Regional Educational Service Agency	William Nelson
Mr. Michael Hill	Esther Kivisto	Marquette Country Club	Danielle Neville
Christeen Hoffman	La Catrina	Marquette County Health Department	G. Michael Nidiffer
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Holiday Inn	LaCosse & Associates CPAs	Kim Marsh	906 Lifestyle LLC
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Hord Off-Road Logging	Debra LaMere	Michelle Mattson	Northwestern Mutual
IBEW Local 906 Electricians	The Landmark Inn	Jennifer Maxon	Ojibwa Casino & Resort
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Jessica Darcy	Victoria Leonhardt	Michigan Health & Hospital Association	Ronald & Barbara Perala
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DONOR LIST

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Putvin Drug Store	David & Nancy Skoog	Carole Touchinski	Tim & Sue Wakkuri
Mark Pynnonen	Smelted Wood Fired Pizza	Greg Toutant	Walk in the Park
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Rapid River Knife Works	Richard Stanchina	U.P. Insurance Agency Inc	West End Health Foundation
Christine Rattin	Jillian Steinbrecher	U.P. Lions Serve Childhood Serve	Melissa Weston
Ben & Kitty Raymond	Lindsey Steinbrecher	U.P. Lions Serve DAD	Les & Sandy White
Red Fox Run Golf Course	Stephenson Lions Club	U.P. Lions Serve/Childhood Cancer	Stacy Whitley
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Resolve Surgical wTechnologies	Stucko's	U.P. Tree Services/906 General Contracting	WLUC TV6
Sawyer Rietveld	The Studio	The Up North Lodge	Deborah Woloszyk
Pam Roose	Superior Extrusion, Inc.	UPCAP	WoodTrust
Vincent Rose	Superior Rehabilitation & Professional Services	Upper Great Lakes Family Health Center	Edie Yakutis
Roundtable Strategies - Special Education Mediation Services	Swick Home Services	Upper Peninsula Health Plan, LLC	Yooper Shirts
Ryan & Lynch Law	T & S Storage	Upper Peninsula Periodontics, PC	Young's
Schoolcraft Memorial Hospital	Tadych's Marketplace Foods	Upper Peninsula State Bank	Zion Lutheran Church Women's Group

thank you!



OUR MISSION:

TO ASSIST WITH UNMET HEALTHCARE NEEDS, WITH HEALTH EDUCATION, AND WITH PROGRAMS AND RESEARCH ON PREVENTING ILLNESS AND PROMOTING HEALTH THROUGHOUT THE UPPER PENINSULA

OUR VISION:

TO IMPROVE THE HEALTH OF THE RESIDENTS OF THE UPPER PENINSULA

ANNUAL REPORT 2022

SUPERIOR HEALTH FOUNDATION

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www.superiorhealthfoundation.org
