

SUPERIOR Health Foundation Happenings

Fall 2015 Vol. 3 Issue 3

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Annual Gala raises more than \$53,000

SHF awards more than \$275,000 at fall grants celebration

Rebecca Crane, Executive Director of Dial Help, addresses the crowd after being informed Dial Help was receiving \$150,000 in grant funding from SHF to address suicide prevention.



The Superior Health Foundation awarded more than \$275,000 in health-centered large grant funding at its Fall Grants Awards Celebration held in late October at the Holiday Inn in Marquette.

The SHF gave out more than \$54,000 in large grants along with \$221,000 in funding to improve the mental health for those in the Upper Peninsula.

The mental health wellness initiative is the Foundation's second proactive grant project selected and voted on by its U.P.-wide Board of Directors.

The SHF awarded large grants to the following:

Great Lakes Recovery Centers, \$2,740: GLRC is collaborating with Heritage Hills to provide group equine-assisted psychotherapy (EAP) to youth as an alternative path to recovery.

Lake Superior State Foundation,

Sault Ste. Marie, \$10,097: This grant is for simulation-based education. Funds are requested to purchase Difficult Airway Task Trainers and equipment that will provide realistic practice for certification.

Michigan State College of Human Medicine, \$10,000: This provides funding for tuition support for medical students (preferably from the Upper Peninsula) to reduce the burden of educational debt, thus encouraging UP medical school graduates to return to their home communities to practice.

Northern Michigan University, \$7,500: This funding will expand continuing education to professionals in the health care field by developing and delivering programming to disadvantaged K-12 students from rural remote areas and engage in community

Foundation U.P.date

Jim LaJoie
Jim LaJoie
Executive Director



The clocks have been set back and the white stuff will soon be on the ground.

It's the end of the year. With that, the Superior Health Foundation invites you to celebrate its mission to assist with unmet healthcare needs, health education, and programs/research aimed at preventing illness and promoting health here in the Upper Peninsula.

SHF has an undeniable commitment to provide charitable funding to meet the many health needs in the Upper Peninsula. We're asking that you please help strengthen that commitment with a charitable gift to support our end-of-the-year appeal.

In 2015, the SHF awarded more than \$350,000 in health-centered grants aimed to improve the health of people across this beautiful region we call home.

Your end-of-year charitable support enables us to build

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Mission: To assist with unmet healthcare needs, with health education, and with programs and research on preventing illness and promoting health throughout the Upper Peninsula.

Vision: To improve the health of the residents of the Upper Peninsula.

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Month-long Pink events benefit SHF Breast Health Fund

SHF wrapped up the month-long Painting the Peninsula Pink in October, and judging by the many activities that took place during the month, it was a huge success.

Presenting by Honor Credit Union, Painting the Peninsula Pink received the generous support of 22 day sponsors during October. Many businesses held pink days at their businesses and sold SHF pink merchandise to aid the fund.

The signature event, a Pink Party, was held at the Munising-Bark River-Harris homecoming football game on Friday, Oct. 9, in Munising. Pink bracelets, pompoms and sunglasses were sold at the game. In addition, the Mustangs wore pink jerseys which were auctioned off at the end of the game. The evening netted more than \$6,100!

Money raised from Painting the Peninsula Pink goes to the SHF Breast Health Fund, which provides charitable funding to help men and women across the U.P. with out-of-



pocket breast health expenses. "We had a very successful fundraiser. We raised in excess of \$12,400 for the month," said Jim LaJoie, executive director of the Superior Health Foundation. "We're so thankful for Honor Credit Union's sponsorship support, along with the support of many day sponsors across the region. These dollars will help replenish that fund, which has been used by many."

Annual Gala a big success SHF, SAIL raise more than \$53,000

"What a fantastic evening."
"A superb event."
"Such wonderful causes to support."

Those were just a few phrases spoken at the Superior Health Foundation Annual Gala, held Saturday, Sept. 12, in the Great Lakes Rooms at NMU.

SHF, along with its partner, the Superior Alliance for Independent Living (SAIL), raised \$53,063.09 at the event. The Gala drew a record 302 people and more than two dozen sponsors.

Guests were treated to an elegant dinner, a short program and spell-binding entertainment by illusionist Tom Coverly.

In addition, many guests had an opportunity to again purchase Gift Boxes, with a half dozen people winning prizes valued at \$600 or more.

Half of the net proceeds will be gifted to SAIL for the "Single Point for Activities and Recreation Program" to address the health and wellness of veterans and family members with disabilities across 15 U.P. counties.

"It was a tremendous evening,"



Illusionist Tom Coverly entertained the audience before the big show.

said Jim LaJoie, executive director of the Superior Health Foundation. "We were delighted to partner with SAIL. A number of our esteemed veterans were in attendance, and that simply made a wonderful night even that much more special."

SAVE THE DATE: The SHF gala in 2016 will be held on Saturday, Sept. 17, at NMU!

SHF Team



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Executive Director



Laura Jarvi
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Foundation
Assistant

Foundation U.P.date Continued from front

upon our investments, strengthens our ability to invest in community outreach and education, and supports specific programs such as the Run for Life Organ Donation Fund or Breast Health Fund. Most importantly, 100 percent of your charitable gift goes to the area of your choosing.

To give a tax-deductible, year-end gift, simply visit the Superior Health Foundation website at superiorhealthfoundation.org and click on the "Give" button.

Thank you for your generous support of SHF! Happy Holidays!

Fall grants

Continued from front

mobilization at the county level to assist communities in solving their health care access issues.

Regents of the University of Michigan, \$10,000: Project Healthy Schools provides a school-based program to reduce childhood obesity and its long-term health risks. PHS proposes implementing the program in up to four middle schools in the U.P., teaching youth healthy habits and creating healthy school environments that support sustainable behavior change. Already, Ishpeming and Newberry were selected.

Trillium House, \$5,000: To provide affordable access to hospice care for patients and families in a Marquette and surrounding counties through a welcoming and safe home. Fundraising is currently being done to build Trillium House in the U.P.

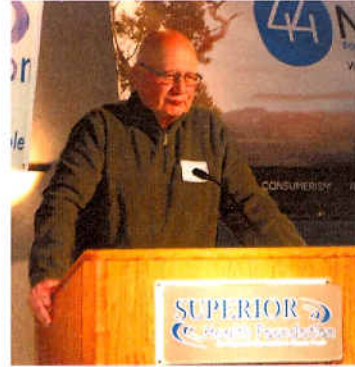
YMCA of Marquette County, \$5,000: The funding will be used to expand chronic disease programming and interventions by facility expansion and training more instructors.

Western U.P. Health Department, Hancock, \$4,000: This grant will address obesity through the Choose Healthy U.P. program that will promote a cultural shift in treatment. Funds will be used to foster a healthy community.

In Mental Health Wellness, the

SHF awarded \$220,975 to four organizations:

Dial Help (Houghton), \$150,000: Project aims to reduce stigma and increase awareness by providing mental health and suicide prevention education, training and outreach U.P.-wide. It has partnered with U.P. local health departments and Upper Peninsula Health Care Solutions to ensure that this project reaches all 15



Dr. Dan Mazzuchi, a board member of Trillium House, accepts a grant for \$5,000.

counties in the UP. It proposes to hire an Outreach Coordinator to 1) create local suicide prevention alliances with health departments and unite them, 2) provide suicide prevention training across the U.P., 3) increase awareness of mental health issues and 4) expand and share a U.P. referral database of resources.

Great Lakes Recovery Centers, Inc., (Ishpeming), \$40,000: This grant will help fund a U.P.-wide "Mental Health First Aid" initiative. The U.P. would be broken down

into three regions which would each be guided by an advisory/navigation board made up of leaders in the mental health industry and community leaders. These advisory teams would help identify mental health needs within the region and give "leads" to the instructors/navigators of that region. GLRC would provide a project coordinator to oversee the regions.

Pathways (Marquette), \$20,975: This grant is to establish a clubhouse for adults with severe mental illness. This would be a community-based program in which meaningful work opportunities drive the need for member participation, creating an environment where empowerment, relationship-building, skill development and related competencies are gained. Pathways will collaborate with other organizations to make this a reality.

Northcare Network (Marquette), \$10,000: The Integrated Healthcare Project is focused on the seriously mentally ill Medicaid population who is shared with UPHM members who have a high risk score indicating at risk of occurring high cost medical care, and a diagnosis that also puts them at risk for their future wellness. Project focuses on using population analytics to identify these consumers, and then actively plan to coordinate care between the behavioral health providers, the physical care providers and the Medicaid health plan.

Sheri Davie, chair of the SHF Grants Committee and member of the SHF Board of Directors, said the Foundation elected to provide substantial funding resources to Dial Help for a number of reasons.

"The Superior Health Foundation convened a Mental Health Roundtable early in the summer and this concept really rose to the top of the list during the discussion," Davie said. "The project is U.P. wide, it's impactful, it's collaborative, and most important, it's necessary."

Rebecca Crane, executive director of Dial Help, said SHF funding will play an instrumental role in expanding services to a population who sorely needs it.

"We are so grateful for this opportunity through the Superior Health Foundation to address suicide prevention across the entire Upper Peninsula," Crane said. "Every suicide is a devastating loss within our small, rural communities and it is clear that the U.P. has some of the highest risk communities in the state of Michigan."

The Superior Health Foundation Board of Directors will begin reviewing proactive grant options for 2016 at its January meeting.

The SHF will begin accepting applications for its Spring 2016 grants cycle in mid-December, with a deadline set for Jan. 15, 2016.

For more information on the Superior Health Foundation, visit its website at www.superiorhealthfoundation.org or call 906-225-6914.

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